Promoting interprofessional teamwork – a project of OT-, PT- and Nursing-students

Friday 18th October 2013 Workshop 7 11:30-13:00
Saskia Buschner
OT, Medical Education Sciences
Wannsee-Schule e.V., Berlin
Education of Health Professionals in Germany – a little side trip
A new idea...

1967 – Foundation of Wannsee-Schule Society
Promoting interprofessional teamwork – a project of OT-, PT- and Nursing-students
Why such a project?

- "Successful inter/transprofessional teamwork enhances the level of employees satisfaction, team atmosphere, patient-centeredness, level of patient satisfaction an team success“ (Schwarz, B. et al: Multiprofessionelle Teamarbeit in der medizinisch-beruflich orientierten Rehabilitation, Medizinische Hochschule Hannover, 2013)

- "Consistent use of ICF terminology facilitates team work and leads to more efficient organisation of the rehabilitation process and time saving“ (Leitlinien für Diagnostik und Therapie in der Neurologie; 4. überarbeitete Auflage 2008)

- "Multidisciplinary rehabilitation team care effectively improves rehabilitation intervention.“ (Momsen, A.-M.; et al: Multidisciplinary Teamcare in Rehabilitation. An overview of reviews, 2012)
Why such a project?

- Successful teamwork needs to be learned/it doesn’t develop „out of the blue“
- Student‘s don‘t find only best practice examples during placements
- Student‘s seem to stuck in their own professional perspective/ often wrong beliefs/prejudices of other health care professions
What do the student’s think at the beginning of the project?

- „My contact with OT‘s were very rare until now. I think they play and do handicraft work with the patients.“ (PT‘s and M&HC students about OT's)

- „OT‘s play and do handicraft work with the patients. The meaning of these measurements tend to be hidden sometimes because they work – as the PT‘s – behind closed doors.“ (M&HC students about OT's)

- „I admit to have some problems in considering OT as an adequate profession, comparable with M&HC.“ (M&HC students about OT's)
Some facts about the project

- Once a year
- Approximately 65 students (4.-6. semester)
- Students of OT, PT, M&HC
- 6 tutors
- Collaboration with 6 hospitals
- 4-5 days (1-1.5 ECTS)
Competences

- Compiling a ICF based case history
- Analysing resources and problems of the patient with the help of specific assessment instruments regarding each professional perspective
- Interviewing members of the interprofessional team to develop a goal-oriented individual treatment plan
Competences

- Following professional standards when presenting specific professional interventions
- Value the contribution of each part of the interprofessional team
- Relating stronger with the own professional role
- Exploring adequate measurements to improve interprofessional teamwork
From competences to learning tasks

Competences are „translated“ into tasks which have to be mastered during the project:

- Present each other typical interventions PT‘s/OT‘s/nurses would undertake with your patient!
- Where can you detect overlappings, interfaces or supply gaps in assessments and activities?
- How could the interprofessional teamwork be improved?
### Schedule for the project

<table>
<thead>
<tr>
<th>Welcome/Introduction</th>
<th>Preparation</th>
<th>Fieldwork</th>
<th>Summary</th>
<th>Presentation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Presentation: ICF</td>
<td>Warming up/Exchange of knowledge gained in the workshops</td>
<td>Interviews of patients and team</td>
<td>Ideas of improvement of inter-professional teamwork</td>
<td>Poster presentation Practical presentations</td>
</tr>
<tr>
<td>Arranging the groups</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Workshops:</td>
<td>Preparation of the interviews of the inter-professional team and the patient (ICF-based, considering the perspectives of the professions)</td>
<td>Exchange and analysis of the data</td>
<td>Preparation of the presentation: o Patient (poster) o Typical procedures o Written statement</td>
<td>o Ideas of improvement of inter-professional teamwork o Panel discussion o Evaluation of the project o Closing</td>
</tr>
<tr>
<td>Combination Therapy</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Disease Management</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary Nursing</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Discharge Management</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Poster presentation
Typical interventions (OT)
Typical interventions (OT)
Typical interventions (M&HC)
Typical interventions (PT)
Ideas of improvement of interprofessional teamwork
What do the student’s say after the project?

- Include OT’s and PT’s in the „student‘s ward“
- Topic should be placed earlier and more frequently in the programmes
- Interprofessional lectures
What makes the project successful?

- Collaboration with the hospitals/ motivated staff in the hospitals
- Strong teamwork in the preparation group
- Support from the management (school/hospitals)
- Small student‘s groups guided by tutors
- Motivated students
Cubblestones

- Time consuming (preparation)
- Staff consuming (tutors, staff at the hospitals)
- Difficult scheduling (different curricula and placements in the programmes)
Questions?
This is a workshop...

- Let's work!
Let’s learn from Hollywood!

"Do what you do so well that they will want to see it again and bring their friends."

Walt Disney
iconic American businessman

http://www.malcolmoutloud.tv/fupload/waltdisney.jpg
Walt Disney Creativity Strategy

**Dreamer:** Let your mind wander freely; no restraints, no boundaries... "What do I really want, in an ideal world?"

**Realist:** Organising ideas; think constructively. "What will I do to make these plans a reality?"

Test your plan, look for problems, difficulties, unintended consequences. Evaluate them. "What could go wrong?"
<table>
<thead>
<tr>
<th>Title</th>
<th>Competences</th>
<th>Students</th>
<th>Format</th>
<th>Topic</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>Interprofessional Teamwork</td>
<td>See above</td>
<td>OT/PT/M&amp;HC</td>
<td>Face to face project (1 week)</td>
<td>Interprofessional teamwork in institutions</td>
<td>Treatment plan, Ideas of improvement of interprofessional teamwork,...</td>
</tr>
<tr>
<td>E-learning</td>
<td></td>
<td></td>
<td></td>
<td>Community based rehabilitation</td>
<td></td>
</tr>
<tr>
<td>OT/Architecture</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Sources

- Picture 1: http://www.malcolmoutloud.tv/fupload/waltdisney.jpg
- Picture 2:
  www.1000ventures.com/business_guide/crosscuttings/creativity_disney_strategy.html


Leitlinien für Diagnostik und Therapie in der Neurologie; 4. überarbeitete Auflage 2008, S. 654 ff, Georg Thieme Verlag Stuttgart

Contact

- sbuschner@wannseeschule.de