

DoDoneGone

technology to facilitate citizenship

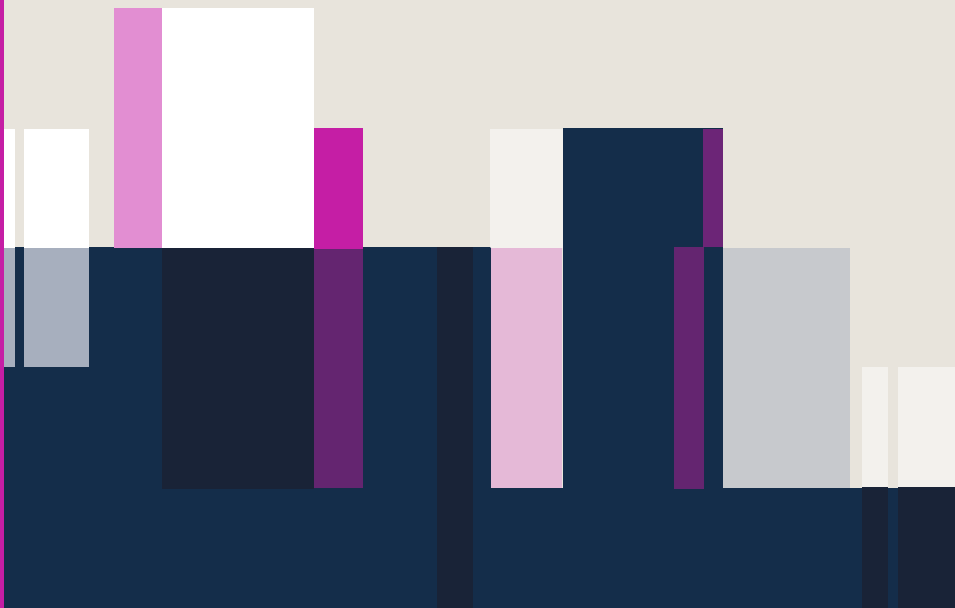
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Faculty of Health and Technology

ENOTHE Conference October 2013

METROPOLITAN
UNIVERSITY COLLEGE

METROPOL



Content

- Participants in the DoDoneGone project
- Introduction to DoDoneGone
- The development process
- Student involvement
 - Benefits
 - Experiences to be used in future development projects
- The future of DoDoneGone

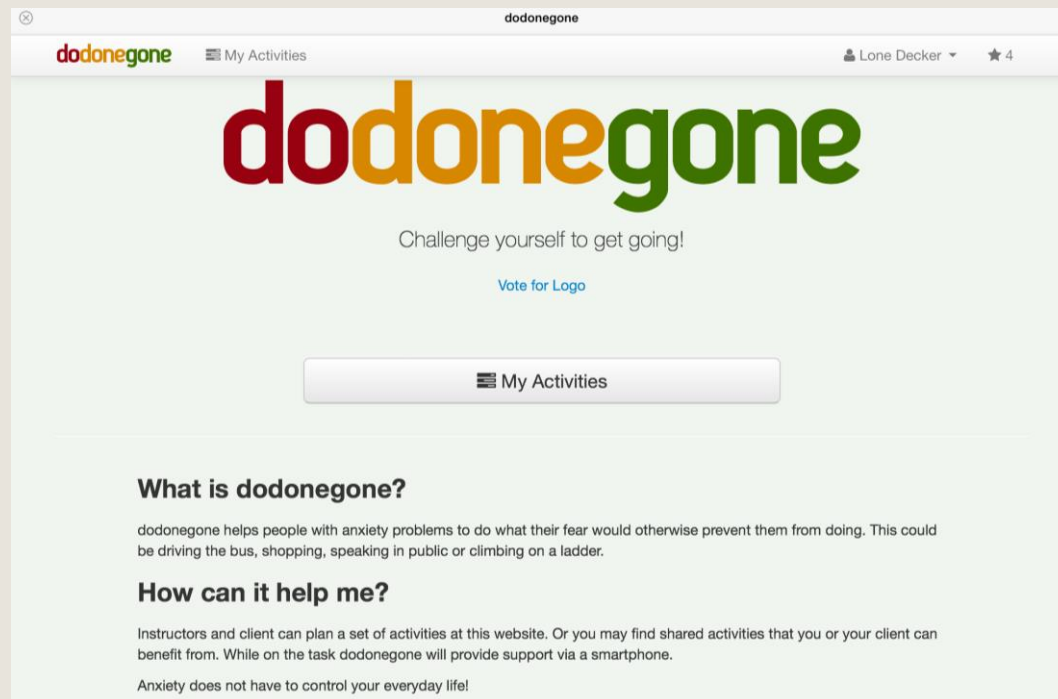
Cooperation and involvement of students

- Researchers from IT University of Copenhagen, Denmark
- Department of Occupational Therapy at Metropolitan University College Copenhagen, Denmark
- Researchers from Peking University, China
- Mental Health Services of Capital Region of Denmark

Funding and new partners autumn 2013

- The Danish Cancer Society
- Social Development Centre SUS, Copenhagen
- Less is more
- Dictus

A web- and mobile service for people with anxiety-problems




Sign in as a tutor

Profile | dodonegone

dodonegone My Activities Lone Decker ★ 4

Lone Decker



Username
lonedecker


Name
Lone Decker

Email
lonedecker@gmail.com

Language
Dansk

I am a Tutor

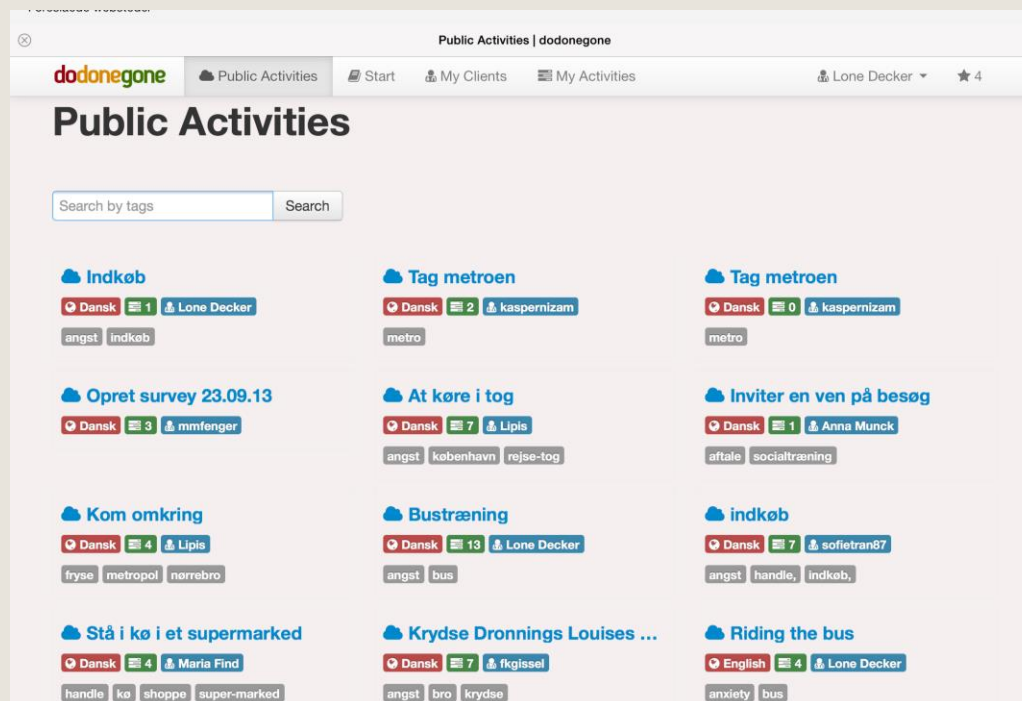
[Update Profile](#)

version: 38 | 2013-09-23 14:01:49 | [FAQ](#) | [Send Feedback](#) Language 

Interface for tutor



Get inspired - and share activities



Gradual exposure

The screenshot shows a web browser window titled "Tasks of Riding the bus | dodonegone". The page header includes the "dodonegone" logo, navigation links for "Public Activities", "Start", "My Clients", and "My Activities", and a user profile for "Lone Decker" with a star rating of 4. The main heading is "Riding the bus" with a bus icon. Below the heading are tags for "anxiety" and "bus". A toolbar contains options: "Task List", "Add Task", "Invite Clients", "Edit Activity", "Survey", and "Print QR Codes". The content is organized into two columns: "Description" and "Tasks".

Description	Tasks
<p>Many people with anxiety disorders fail to take public transportation such as the bus. DoDoneGone will be able to help you practice busriding, so you are free to take the bus without feeling anxiety. The described route is line 6A between 2860 Søborg and Nørreport st. in Copenhagen, but from this description you can design your own busriding with the bus route that is relevant for you. This activity is not completely described - there will be more tasks</p>	<p>#1 - Go to the bus stop "Soeborg School" on Søborg Hovedgade</p>
	<p>#2 - Take the bus one stop and walk home</p>
	<p>#3 - Take the bus 2 stops and walk home</p>
	<p>#4 - Take the bus 2 stops out and 2 stops home</p>

Use Google Maps

The screenshot shows a web browser window with the URL "Go to the bus stop 'Soeborg School' on Søborg Hovedgade | dodonegone". The page title is "Riding the bus" with a link to "View All Tasks". There are tags for "anxiety" and "bus". A task list includes "Go to the bus stop 'Soeborg School' on Søborg Hovedgade" with options to "Invite Clients" and "Edit Activity". Below the task list, there is a section for the task details: "#1 Go to the bus stop 'Soeborg School' on Søborg Hovedgade" with the address "Søborg Hovedgade". An "Edit" link is present. A task description reads: "Go to the bus stop 'Soeborg School' on Søborg Hovedgade. Stand there for 2 minutes and go back home." To the right of the text is a Google Map showing the location of Søborg Hovedgade in Søborg, Denmark, with a red pin and a street view pegman.

Using Google Street View to guide

New Task (Visit your doctor)


Name

Description

rank

After Hours

Search by address



16 Italiensvej, København, Hovedstaden
Adressen er omtrentlig

Google © 2012 Google - Servicevilkår

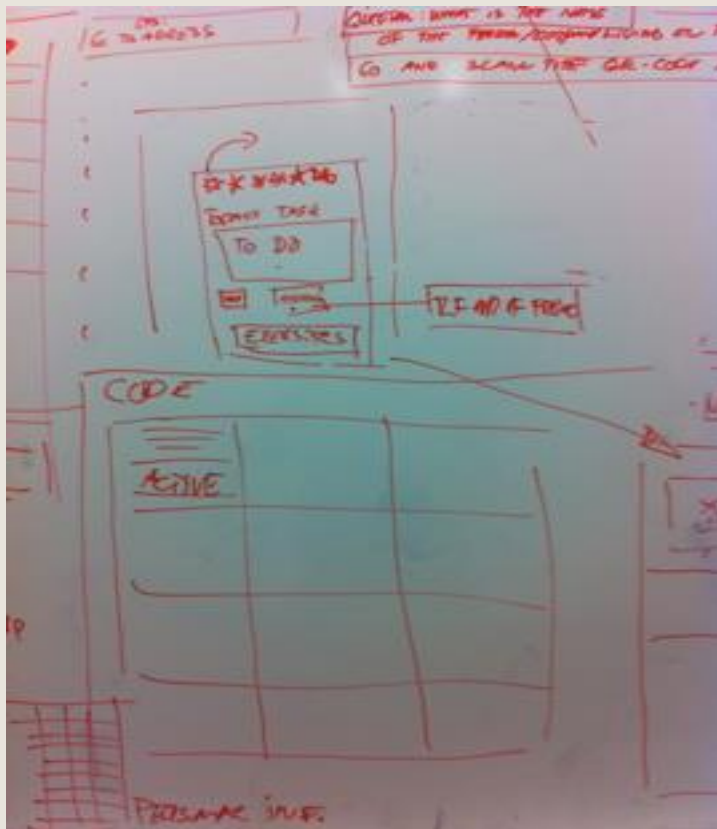
Try it yourself

www.dodonegone.com

- Plan activities
- Invite clients



The development process



All-night coding



The role of the occupational therapy students

(in the period summer 2012 – summer 2013)

- Using DoDoneGone as tutors
 - Planning activities
 - Giving feedback to the project group
 - Getting interviewed by IT-University students

- Using DoDoneGone as clients
 - Focus group interview

DoDoneGone's benefits by involving students

- Feedback about the many ambiguities
 - for tutors
 - for clients
- Input to change the interface
- New application proposals for DoDoneGone

The occupational therapy students benefits by being involved in DoDoneGone

- Practiced modifying activities
- Increased sense of professional identity
- Gained insight into
 - innovation processes
 - the challenges associated with developing a product such as DoDoneGone
- Getting inspired to use technology in their clinical training and future work with mental health
- Getting a feeling of being "first movers"

Experiences to be used in future development projects

- Students are very interested in participating in development projects
- Students have a lot to offer
- Important to let the students be experts – and not having all the answers yourself
- Involving students in development projects requires
 - newsletters
 - clear expectations
 - short and limited process with clear goals

The nearest future of DoDoneGone

- Testing the usability of DoDoneGone
 - Occupational therapy students as a part of their bachelor thesis
 - On patients with cancer
- Establishing Board of Directors & business model
- Clinical testing

Going Generic - Going Global

- Many kinds of problems
 - phobias, brain damages, ADL - problems....
- Many kinds of users
 - Occupational Therapist, psychologists, psychiatrists, nurses....
- Many countries in this world
 - Denmark, China, United Kingdom, USA....
- Many locations in each region
 - Copenhagen, York, Boston.....

Inspiration

- Occupational therapy
- Cognitive behavioral therapy (CBT)
- Computer games
- Treasure hunts and Geocaching
- To-do list and calendars
- Apps for physical training (Endomondo)
- Apps for fear of flying (Virgin)
- App for people with bipolar disorder (MONARCA)

Questions?

You are welcome to contact me on lode@phmetropol.dk

Learn more

www.dodonegone.com

www.youtube.com

- dodonegone scenario
- dodonegone exercise
- Fear Fighter m LYD
- Fearfighter